

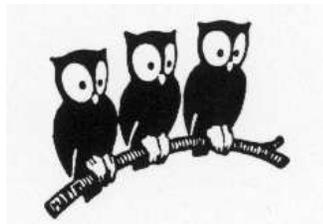
COHERENCE PROPERTIES OF A BOSE-EINSTEIN CONDENSATE

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OUTLINE

- Description of the problem
- Framework: Bogoliubov theory
- Spatial coherence
- Temporal coherence
 - N fluctuates
 - N fixed, E fluctuates: Canonical ensemble
 - N fixed, E fixed: Microcanonical ensemble

DESCRIPTION OF THE PROBLEM

A single-spin state Bose gas prepared at equilibrium:

- Spatially homogeneous, periodic boundary conditions.
- Prepared with N atoms, in the regime $T \ll T_c$ of an almost pure condensate.
- Interactions with a s -wave scattering length $a > 0$.
- Weakly interacting regime $(\rho a^3)^{1/2} \ll 1$.
- The gas is totally isolated in its evolution.

Spatial coherence of the gas:

- Determined by the **measured** first-order coherence function, $g_1(\mathbf{r}) = \langle \hat{\psi}^\dagger(\mathbf{r})\hat{\psi}(0) \rangle$ (Esslinger, Bloch, Hänsch, 2000).
- Expected: In thermodynamic limit, g_1 tends to condensate density $\rho_0 > 0$ at infinity.
- This is long-range order.

Coherence time of the condensate:

- Defined as the decay time of the **measurable** condensate mode coherence function, $\langle a_0^\dagger(t)a_0(0) \rangle$, where a_0 is the annihilation operator in mode $\mathbf{k} = 0$.
- At zero temperature, no decay, $\langle a_0^\dagger(t)a_0(0) \rangle \sim \langle N_0 \rangle e^{i\mu_0 t/\hbar}$, coherence time is infinite (**Beliaev, 1958**).
- What happens at finite temperature $T > 0$? To our knowledge, the problem was still open in 1995.
- One expects infinite coherence time in thermodynamic limit.
- For finite size: By analogy with laser, one expects finite coherence time due to condensate phase diffusion.

FRAMEWORK: BOGOLIUBOV THEORY

Bogoliubov theory

- Lattice model Hamiltonian:

$$H = \sum_{\mathbf{r}} b^3 \left[\hat{\psi}^\dagger h_0 \hat{\psi} + \frac{g_0}{2} \hat{\psi}^\dagger \hat{\psi}^\dagger \hat{\psi} \hat{\psi} \right]$$

- Spatially homogeneous case: $h_0 = -\frac{\hbar^2}{2m} \Delta_{\mathbf{r}}$.
- Bare coupling constant $g_0^{-1} = g^{-1} - \int_{\text{FBZ}} \frac{d^3k}{(2\pi)^3} \frac{m}{\hbar^2 k^2}$, $g = 4\pi\hbar^2 a/m$. Gives $g_0 = g/(1 - C_3 a/b)$. Here $0 < a \ll b$.
- Expansion of Hamiltonian around pure condensate:

$$\hat{\psi}(\mathbf{r}) = \phi(\mathbf{r}) \hat{a}_0 + \hat{\psi}_\perp(\mathbf{r})$$

with $\phi(\mathbf{r}) = 1/L^{3/2}$. Key point: Eliminate amplitude \hat{a}_0 in condensate mode:

$$\hat{n}_0 = \hat{N} - \hat{N}_\perp$$

with $\hat{n}_0 = \hat{a}_0^\dagger \hat{a}_0$ and $\hat{N}_\perp = \sum_{\mathbf{r}} b^3 \hat{\psi}_\perp^\dagger \hat{\psi}_\perp$.

Elimination of the condensate phase

- Modulus-phase representation (Girardeau, Arnowitt, 1959):

$$\hat{a}_0 = e^{i\hat{\theta}} \hat{n}_0^{1/2}$$

with hermitian operator $\hat{\theta}$, $[\hat{n}_0, \hat{\theta}] = i$.

- Cf. position \hat{x} and momentum \hat{p} operator of a particle:

$$[\hat{x}, \hat{p}] = i\hbar \implies e^{i\hat{p}a/\hbar} |x\rangle = |x - a\rangle$$

$$[\hat{n}_0, \hat{\theta}] = i \implies e^{i\hat{\theta}} |n_0 : \phi\rangle = |n_0 - 1 : \phi\rangle$$

then \hat{a}_0 has the right matrix elements.

- This fails when the condensate mode is empty:

$$e^{i\hat{\theta}} |0 : \phi\rangle \stackrel{?!}{=} |-1 : \phi\rangle$$

- Redefinition of non-condensed field (Castin, Dum; Gardiner, 1996) ; remains bosonic, but conserves \hat{N} :

$$\hat{\Lambda}(\mathbf{r}) = e^{-i\hat{\theta}} \hat{\psi}_{\perp}(\mathbf{r})$$

- Expansion of H to second order in $\hat{\psi}_\perp$:

$$H_{\text{Bog}} = \frac{g_0 N^2}{2L^3} + \sum_{\mathbf{r}} b^3 \left[\hat{\Lambda}^\dagger (h_0 - \mu_0) \hat{\Lambda} + \mu_0 \left(\frac{1}{2} \hat{\Lambda}^2 + \frac{1}{2} \hat{\Lambda}^{\dagger 2} + 2\hat{\Lambda}^\dagger \hat{\Lambda} \right) \right]$$

- Formally grand canonical for non-condensed modes, with chemical potential $\mu_0 = g_0 \rho$.
- Elastic interaction $C - NC$: Hartree-Fock

$$C, 0 + NC, \mathbf{k} \longrightarrow C, 0 + NC, \mathbf{k}$$

- Inelastic interaction $C - NC$: Landau superfluidity

$$C, 0 + C, 0 \longrightarrow NC, \mathbf{k} + NC, -\mathbf{k}$$

Not forbidden by energy conservation.

Normal form for the Hamiltonian:

- H_{Bog} quadratic, hence linear equations of motion:

$$i\hbar\partial_t \begin{pmatrix} \Lambda \\ \Lambda^\dagger \end{pmatrix} = \begin{pmatrix} h_0 + \mu_0 & \mu_0 \\ -\mu_0 & -(h_0 + \mu_0) \end{pmatrix} \begin{pmatrix} \Lambda \\ \Lambda^\dagger \end{pmatrix} \equiv \mathcal{L} \begin{pmatrix} \Lambda \\ \Lambda^\dagger \end{pmatrix}$$

- Expansion on eigenmodes of eigenenergies $\pm\epsilon_k$:

$$\begin{pmatrix} \Lambda \\ \Lambda^\dagger \end{pmatrix} = \sum_{\mathbf{k} \neq 0} \frac{e^{i\mathbf{k}\cdot\mathbf{r}}}{L^{d/2}} \begin{pmatrix} U_k \\ V_k \end{pmatrix} \hat{b}_{\mathbf{k}} + \frac{e^{-i\mathbf{k}\cdot\mathbf{r}}}{L^{d/2}} \begin{pmatrix} V_k \\ U_k \end{pmatrix} \hat{b}_{\mathbf{k}}^\dagger$$

because exchanging Λ and Λ^\dagger equivalent to time reversal.

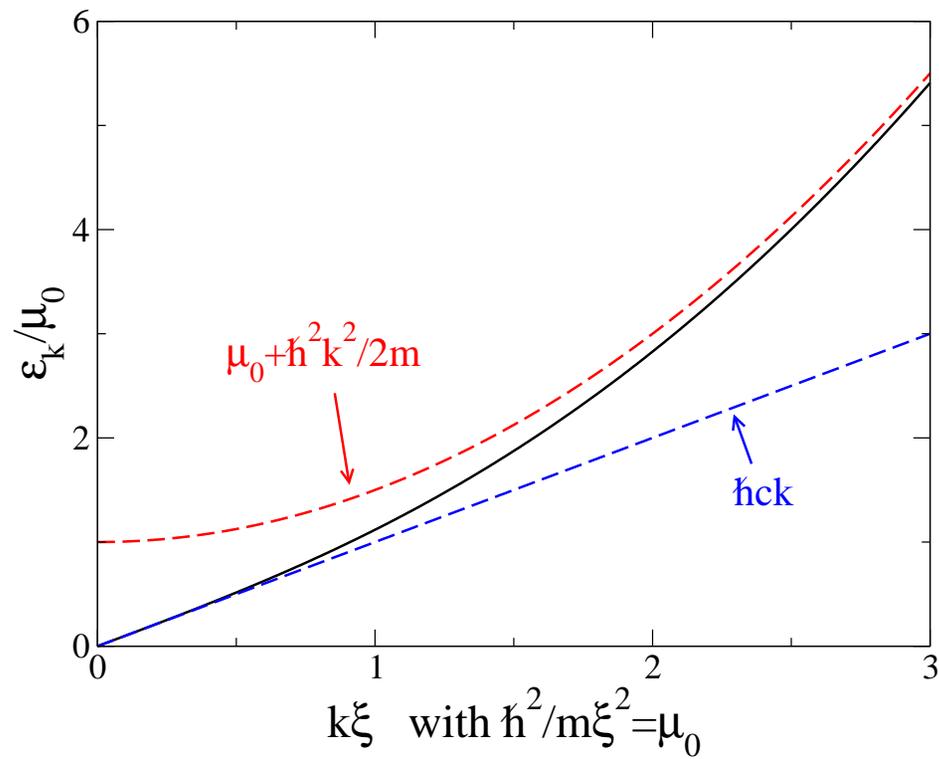
- Bosonic commutation relations for $U_k^2 - V_k^2 = 1$:

$$U_k + V_k = \frac{1}{U_k - V_k} = \left(\frac{\hbar^2 k^2 / 2m}{2\mu_0 + \hbar^2 k^2 / 2m} \right)^{1/4}$$

- A grand-canonical ideal gas of bosonic quasi-particles:

$$H_{\text{Bog}} = E_0 + \sum_{\mathbf{k} \neq 0} \epsilon_{\mathbf{k}} \hat{b}_{\mathbf{k}}^\dagger \hat{b}_{\mathbf{k}} \quad \text{with} \quad \epsilon_{\mathbf{k}} = \left[\frac{\hbar^2 \mathbf{k}^2}{2m} \left(\frac{\hbar^2 \mathbf{k}^2}{2m} + 2\mu_0 \right) \right]^{1/2}$$

Bogoliubov spectrum



SPATIAL COHERENCE

Consistency check

In thermodynamic limit:

- Non-condensed fraction:

$$\frac{\langle N_{\perp} \rangle}{N} = \frac{\langle \hat{\Lambda}^{\dagger} \hat{\Lambda} \rangle}{\rho} = \frac{1}{\rho} \int \frac{d^3 k}{(2\pi)^3} \left[\frac{U_k^2 + V_k^2}{e^{\beta \epsilon_k} - 1} + V_k^2 \right]$$

- No ultraviolet ($k \rightarrow \infty$) divergence: $V_k^2 = O(1/k^4)$
- No infrared ($k \rightarrow 0$) divergence: $U_k^2, V_k^2 = O(1/k)$.
- Small for $T \ll T_c$ and $(\rho a^3)^{1/2} \ll 1$.
- First order coherence function $g_1(\mathbf{r}) = \langle \hat{\psi}^{\dagger}(\mathbf{r}) \hat{\psi}(0) \rangle$:

$$g_1(\mathbf{r}) = \rho - \int \frac{d^3 k}{(2\pi)^3} (1 - \cos \mathbf{k} \cdot \mathbf{r}) \left[\frac{U_k^2 + V_k^2}{e^{\beta \epsilon_k} - 1} + V_k^2 \right]$$

tends to the condensate density for $r \rightarrow \infty$.

In lower dimensions:

- In 2D for $T > 0$ and in 1D $\forall T$, the non-condensed fraction has infrared divergence. No BEC in thermodynamic limit (Mermin, Wagner, 1966; Hohenberg, 1967).
- Quasi-condensate (weak density fluctuations, weak phase gradients) (Popov, 1972). One can save the idea of Bogoliubov by applying it to a modulus-phase representation of the field operator $\hat{\psi}$.
- $g_1^{\text{Bog}}(\mathbf{r}) \rightarrow -\infty$ at infinity, but remarkably (Mora, Castin, 2003):

$$g_1^{\text{QC}}(\mathbf{r}) = \rho \exp \left[\frac{g_1^{\text{Bog}}(\mathbf{r})}{\rho} - 1 \right].$$

so that logarithmic divergence of $g_1^{\text{Bog}}(\mathbf{r})$ turned into power-law decay of $g_1^{\text{QC}}(\mathbf{r})$.

TEMPORAL COHERENCE

GENERAL CONSIDERATIONS

- If weak fluctuations of \hat{n}_0 :

$$\langle a_0^\dagger(t) a_0(0) \rangle \simeq \langle \hat{n}_0 \rangle \langle e^{-i[\hat{\theta}(t) - \hat{\theta}(0)]} \rangle$$

- If phase change $\hat{\theta}(t) - \hat{\theta}(0)$ has Gaussian distribution:

$$\left| \langle a_0^\dagger(t) a_0(0) \rangle \right| \simeq \langle \hat{n}_0 \rangle e^{-\text{Var} [\hat{\theta}(t) - \hat{\theta}(0)]/2}$$

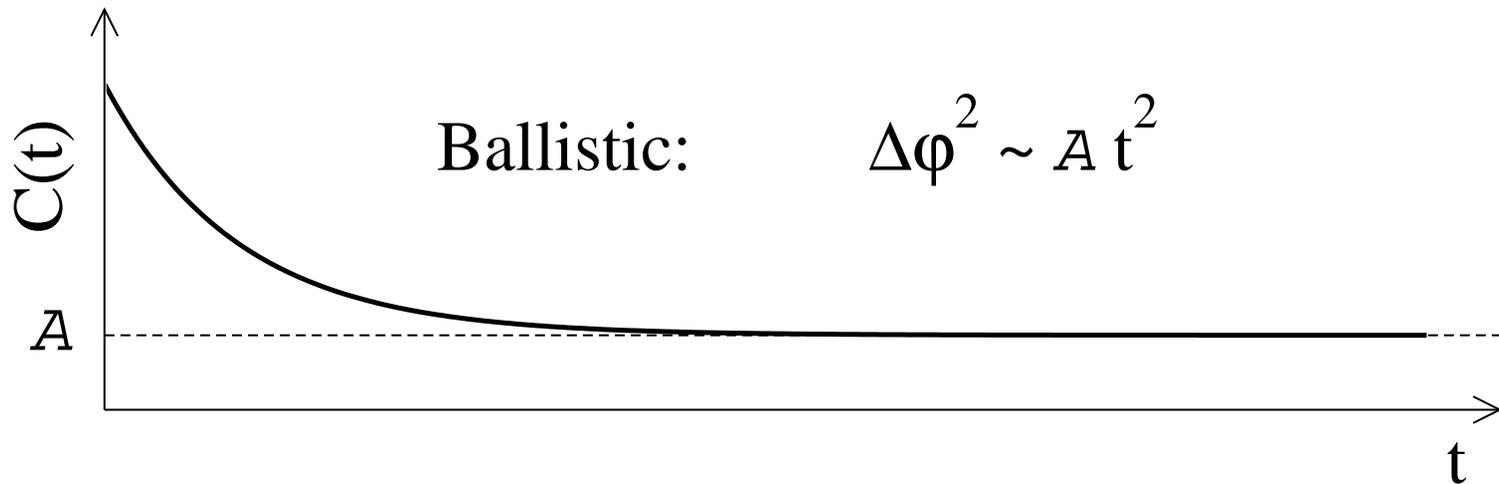
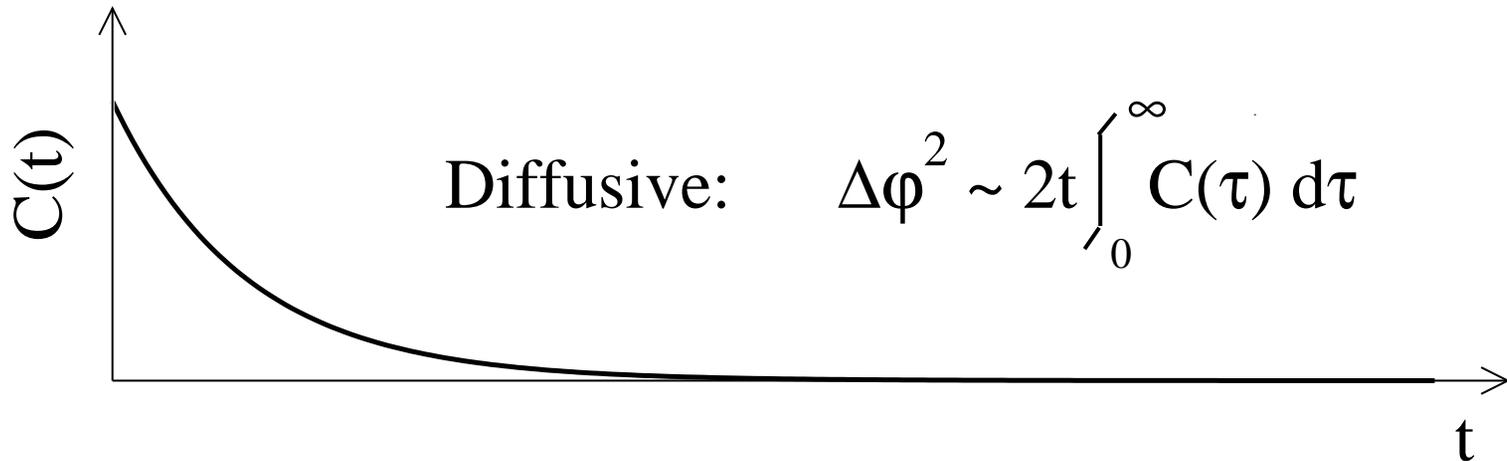
- In terms of correlation function $C(t) = \langle \dot{\theta}(t) \dot{\theta}(0) \rangle - \langle \dot{\theta} \rangle^2$:

$$\text{Var} [\hat{\theta}(t) - \hat{\theta}(0)] = 2t \int_0^t d\tau C(\tau) - 2 \int_0^t d\tau \tau C(\tau)$$

ballistic regime	diffusive regime
$\lim_{\tau \rightarrow +\infty} C(\tau) \neq 0$	$C(\tau) \underset{\tau \rightarrow +\infty}{=} o(1/\tau)$
$\text{Var} [\hat{\theta}(t) - \hat{\theta}(0)] \sim At^2$	$\text{Var} [\hat{\theta}(t) - \hat{\theta}(0)] \sim 2Dt$

TWO CASES DEPENDING ON $C(t \rightarrow +\infty)$

$$\varphi = \hat{\theta}(t) - \hat{\theta}(0)$$



GENERAL CONSIDERATIONS (2)

Previous studies at $T > 0$:

- Zoller, Gardiner (1998), Graham (1998-2000): Diffusive.
- Contradicted by Kuklov, Birman (2000): Ballistic.
- Sinatra, Witkowska, Castin (2006-): Clarification and quantitative studies.

Two key actors:

- Bogoliubov procedure eliminating the condensate mode from the Hamiltonian:

$$H = E_0(N) + \sum_{\mathbf{k} \neq 0} \epsilon_{\mathbf{k}} \hat{b}_{\mathbf{k}}^\dagger \hat{b}_{\mathbf{k}} + H_3 + \dots$$

where $\epsilon_{\mathbf{k}}$ is the Bogoliubov spectrum. Hamiltonian H_3 is cubic in field $\hat{\Lambda}$. It breaks integrability and plays central role in condensate dephasing (Beliaev-Landau pro-

cesses):

$$H_3 = g_0 \rho^{1/2} \sum_{\mathbf{r}} b^3 \hat{\Lambda}^\dagger (\hat{\Lambda} + \hat{\Lambda}^\dagger) \hat{\Lambda}$$

Quasi-particle resonant interactions à la Beliaev $\hat{b}^\dagger \hat{b}^\dagger \hat{b}$ and à la Landau $\hat{b}^\dagger \hat{b} \hat{b}$: finite lifetime, kinetic equations on mean quasi-particle occupation numbers

- Time derivative of condensate phase operator:

$$\dot{\theta} \equiv \frac{1}{i\hbar} [\theta, H] \simeq -\mu_{T=0}(N)/\hbar - \frac{g_0}{\hbar L^3} \sum_{\mathbf{k} \neq 0} (U_{\mathbf{k}} + V_{\mathbf{k}})^2 \hat{n}_{\mathbf{k}}$$

with $\hat{n}_{\mathbf{k}} = \hat{b}_{\mathbf{k}}^\dagger \hat{b}_{\mathbf{k}}$. This contradicts Graham, 1998 and 2000. Keep in mind useful “magic” relation:

$$\frac{g_0}{L^3} (U_{\mathbf{k}} + V_{\mathbf{k}})^2 = \partial_N \epsilon_{\mathbf{k}}$$

Case of a pure condensate

- One-mode model, with $\hat{n}_0 = \hat{N}$: $H_{\text{one mode}} = \frac{g}{2L^3} \hat{N}^2$
- Evolution of the condensate phase:

$$\dot{\hat{\theta}}(t) = \frac{1}{i\hbar} [\hat{\theta}, H_{\text{one mode}}] = -\frac{g\hat{N}}{\hbar L^3} = -\mu(\hat{N})/\hbar$$

- No phase spreading if fixed N .
- Ballistic spreading if N fluctuates (Sols, 1994; Walls, 1996; Lewenstein, 1996; Castin, Dalibard, 1997)

$$\text{Var} [\hat{\theta}(t) - \hat{\theta}(0)] = (t/\hbar)^2 \left(\frac{d\mu}{dN} \right)^2 \text{Var} \hat{N}$$

- Experiments: Seen not for $\langle a_0^\dagger(t) a_0 \rangle$ but for $\langle a_0^\dagger(t) b_0(t) \rangle$ by interfering two condensates with common $t = 0$ phase [Bloch, Hänsch (2002); Pritchard, Ketterle (2006); Reichel, 2010.]

$T > 0$ gas prepared in the canonical ensemble

By analogy with previous case (Sinatra et al, 2007) :

- As N , the energy E is a constant of motion.
- Canonical ensemble = statistical mixture of eigenstates, $\text{Var } E \neq 0$ but $\text{Var } E \ll \bar{E}^2$ for a large system
- $\hat{\theta}(t) \sim -\mu_{\text{mc}}(\hat{H})t/\hbar$ and weak fluctuations of \hat{H} :

$$\text{Var} [\hat{\theta}(t) - \hat{\theta}(0)] \sim (t/\hbar)^2 \left[\frac{d\mu_{\text{mc}}}{dE}(\bar{E}) \right]^2 \text{Var } E$$

From quantum ergodic theory (Sinatra et al, 2007) :

- Time average:

$$\langle \langle \dot{\theta}(t) \dot{\theta}(0) \rangle \rangle_t = \sum_{\lambda} \frac{e^{-\beta E_{\lambda}}}{Z} (\langle \Psi_{\lambda} | \dot{\theta} | \Psi_{\lambda} \rangle)^2$$

- Deutsch (1991) : eigenstate thermalisation hypothesis. Mean value of observable \hat{O} in **one** eigenstate Ψ_{λ} very close to microcanonical value:

$$\langle \Psi_{\lambda} | \hat{O} | \Psi_{\lambda} \rangle \simeq \bar{O}_{\text{mc}}(E = E_{\lambda})$$

- $\hat{O} = \dot{\theta}$ in Bogoliubov limit : $\bar{\dot{\theta}}_{\text{mc}} = -\mu_{\text{mc}}/\hbar$.
- Linearize around mean energy due to weak (relative) energy fluctuations:

$$\mu_{\text{mc}}(E_{\lambda}) \simeq \mu_{\text{mc}}(\bar{E}) + (E_{\lambda} - \bar{E}) \frac{d\mu_{\text{mc}}}{dE}(\bar{E})$$

Implications of previous result (canonical ensemble)

- The correlation function $C(\tau)$ of $\dot{\theta}$ does not tend to zero when $\tau \rightarrow +\infty$. Neither does the one of \hat{n}_0 .
- This qualitatively contradicts Zoller, Gardiner, Graham. In qualitative agreement with Kuklov, Birman.
- Ergodicity ensured by interactions (cf. H_3) among Bogoliubov quasi-particles.
- Approximating H with integrable H_{Bog} , as eventually done by Kuklov and Birman, gives incorrect coefficient of t^2 .

A. Sinatra, Y. Castin, E. Witkowska, Phys. Rev. A 75, 033616 (2007)

Why failure of master equation method of Zoller-Gardiner ?

Setting $\hat{n}_k \equiv \hat{b}_k^\dagger \hat{b}_k$: $C(t) = \sum_{k,k'} A_k A_{k'} \langle \delta \hat{n}_k(t) \delta \hat{n}_{k'}(0) \rangle$

Master equation + quantum regression theorem:

- System = Bogoliubov modes k and k' . Other modes = reservoir. Born-Markov approximation:

$$\langle \delta \hat{n}_k(t) \delta \hat{n}_{k'}(0) \rangle = \delta_{kk'} \bar{n}_k (1 + \bar{n}_k) e^{-\Gamma_k t}$$

so $C(t) \xrightarrow[t \rightarrow \infty]{} 0$ and phase has diffusive spreading...

But reservoir not truly infinite:

- From ergodic theory:

$$\langle \delta \hat{n}_k(t) \delta \hat{n}_{k'}(0) \rangle \xrightarrow[t \rightarrow \infty]{} \frac{\epsilon_k \bar{n}_k (\bar{n}_k + 1) \epsilon_{k'} \bar{n}_{k'} (\bar{n}_{k'} + 1)}{\sum_{q \neq 0} \epsilon_q^2 \bar{n}_q (1 + \bar{n}_q)} \propto \frac{1}{V}$$

and double sum: $VC(t) \not\xrightarrow[t \rightarrow \infty]{} 0$ even in thermodynamic

$V \rightarrow \infty$ limit.

Illustration with a classical field calculation

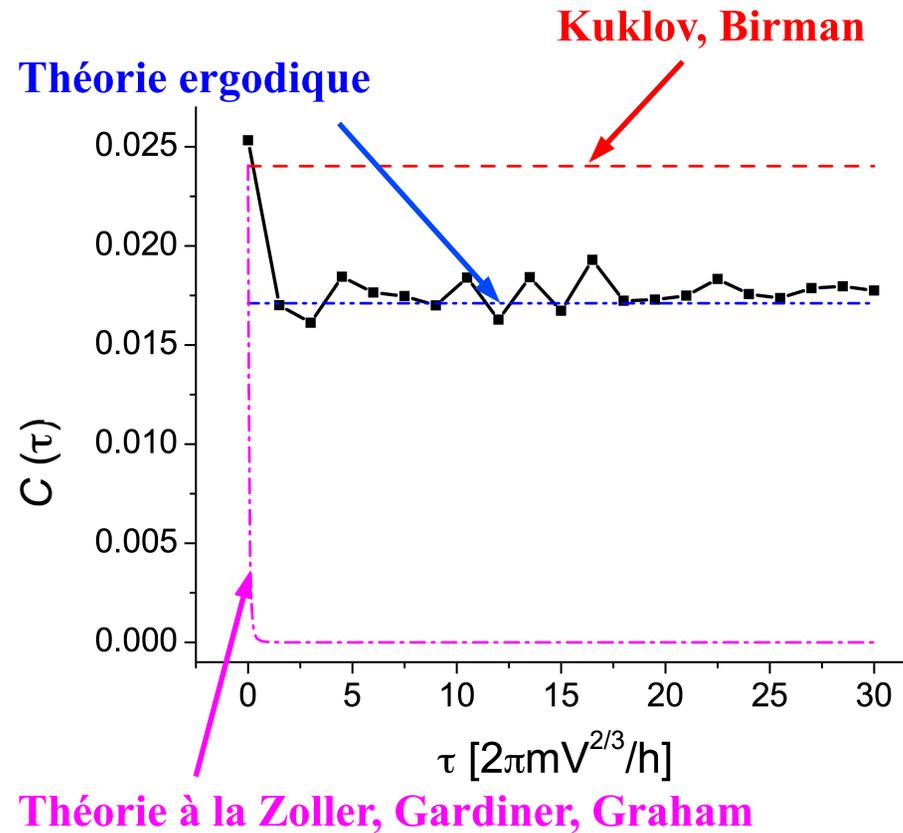


Figure 1: For a gas prepared in canonical ensemble, correlation function of $\hat{\theta}$ for the classical field. The equation of motion is the non-linear Schrödinger equation. A. Sinatra, Y. Castin, E. Witkowska, Phys. Rev. A **75**, 033616 (2007).

Gas prepared in the microcanonical ensemble: phase diffusion

- The conserved quantities N , E do not fluctuate. One finds $C(\tau) \underset{\tau \rightarrow +\infty}{=} O(1/\tau^3)$ and $\text{Var} [\hat{\theta}(t) - \hat{\theta}(0)] \sim 2Dt$.
- One needs the full dependence of $C(\tau)$ to get D .
- As we have seen, $C(\tau)$ can be deduced from all the $\langle \hat{n}_{\mathbf{k}}(\tau) \hat{n}_{\mathbf{k}'}(0) \rangle$.
- The gas is in a statistical mixture of Fock states quasi-particles $|\{n_{\mathbf{q}}\}\rangle$. One simply needs $\langle \{n_{\mathbf{q}}\} | \hat{n}_{\mathbf{k}}(\tau) | \{n_{\mathbf{q}}\} \rangle$.
- The evolution of the mean number of quasi-particles is given by quantum kinetic equations including the Beliaev-Landau processes due to H_3 .

The quantum kinetic equations

$$\begin{aligned} \dot{n}_q = & -\frac{g^2 \rho}{\hbar \pi^2} \int d^3 \mathbf{k} \left\{ \left[n_q n_{\mathbf{k}} - n_{q+\mathbf{k}} (1 + n_{\mathbf{k}} + n_q) \right] \left(\mathcal{A}_{\mathbf{k},q}^{|\mathbf{q}+\mathbf{k}|} \right)^2 \right. \\ & \left. \times \delta(\epsilon_q + \epsilon_{\mathbf{k}} - \epsilon_{|\mathbf{q}+\mathbf{k}|}) \right\} \\ & -\frac{g^2 \rho}{2 \hbar \pi^2} \int d^3 \mathbf{k} \left\{ \left[n_q (1 + n_{\mathbf{k}} + n_{q-\mathbf{k}}) - n_{\mathbf{k}} n_{q-\mathbf{k}} \right] \left(\mathcal{A}_{\mathbf{k},|\mathbf{q}-\mathbf{k}|}^q \right)^2 \right. \\ & \left. \times \delta(\epsilon_{\mathbf{k}} + \epsilon_{|\mathbf{q}-\mathbf{k}|} - \epsilon_q) \right\} \end{aligned}$$

with the Beliaev-Landau coupling amplitudes:

$$\mathcal{A}_{\mathbf{k},\mathbf{k}'}^q = U_q U_{\mathbf{k}} U_{\mathbf{k}'} + V_q V_{\mathbf{k}} V_{\mathbf{k}'} + (U_q + V_q)(V_{\mathbf{k}} U_{\mathbf{k}'} + U_{\mathbf{k}} V_{\mathbf{k}'}).$$

E. M. Lifshitz, L. P. Pitaevskii “Physical Kinetics”, Landau and Lifshitz Course of Theoretical Physics vol. 10, chap. VII, Pergamon Press (1981)

Diffusion coefficient of the condensate phase

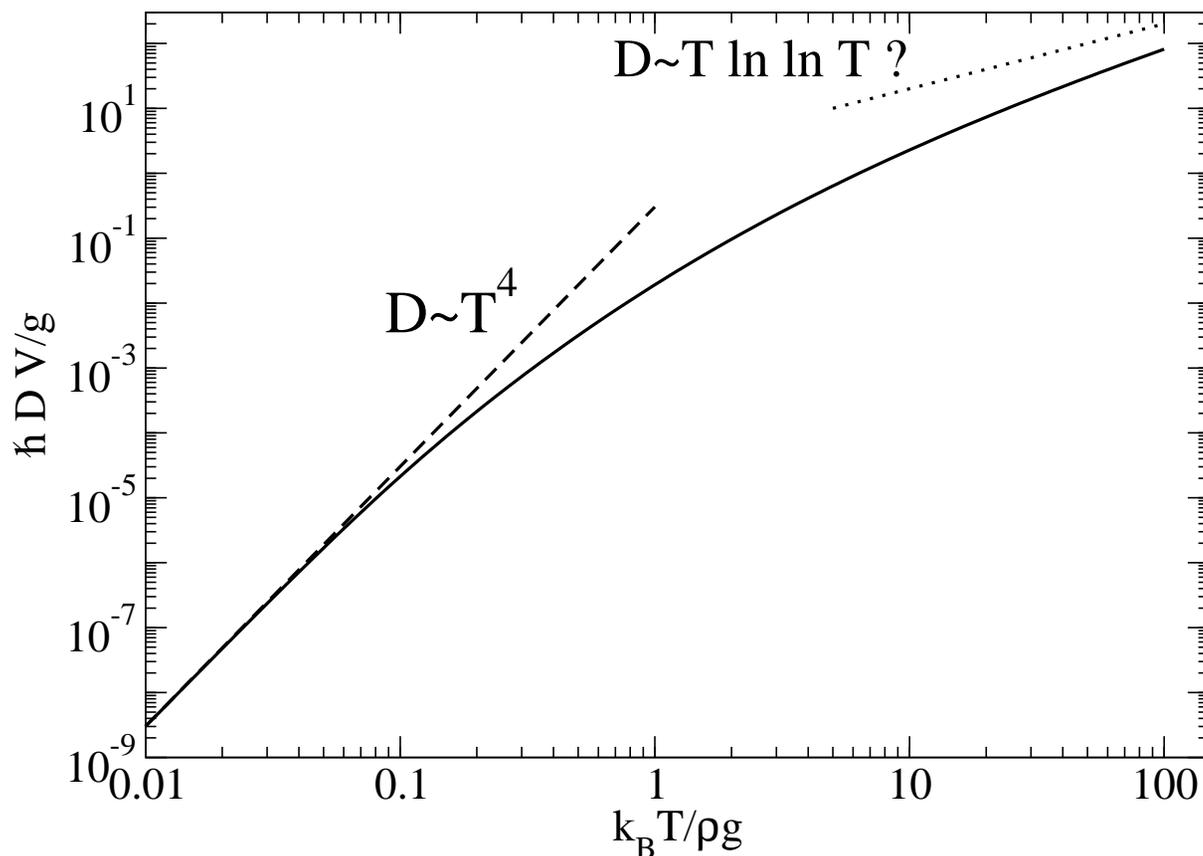


Figure 2: Universal result in Bogoliubov limit (weakly interacting, $T \ll T_c$).

A. Sinatra, Y. Castin, E. Witkowska, Phys. Rev. A 80, 033614 (2009). T^4 law reminiscent of normal fraction.

Summary of results for the phase spreading

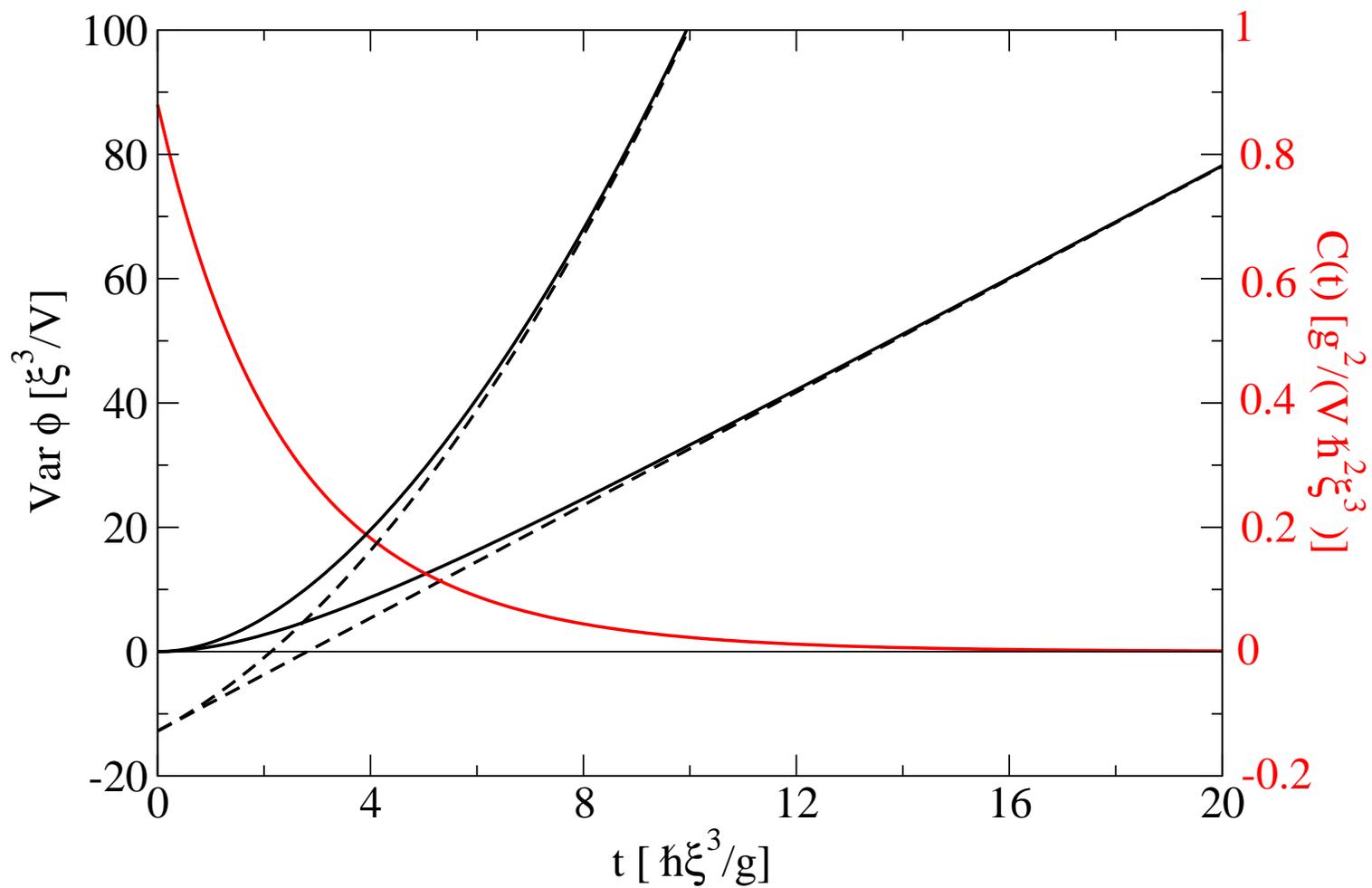
$$\text{Var} [\theta(t) - \theta(0)] \underset{t \rightarrow +\infty}{=} \text{Var} (E) \left[\frac{d\mu_{\text{mc}}}{\hbar dE}(\bar{E}) \right]^2 t^2 + 2Dt + c + O\left(\frac{1}{t}\right)$$

- Existence of a t^2 term first in [Kuklov, Birman, 2000](#).
- Coefficient of t^2 depends on the ensemble. First obtained with quantum ergodic theory ([Sinatra, Castin, Witkowska, 2007](#)) but also with quantum kinetic theory (from existence of undamped mode of linearized kinetic equations due to energy conservation). Interpretation:

$$\theta(t) - \theta(0) \underset{t \rightarrow +\infty}{\sim} -\mu(H)t/\hbar.$$

- Diffusion coefficient D is ensemble independent. $\hbar DL^3/g$ function of $k_B T/\rho g$ ([Sinatra, Castin, Witkowska, 2009](#)).
- Ensemble independent $c \neq 0$: $C_{\text{mc}}(t)$ not a Dirac.

AN EXAMPLE FOR $k_B T = 10\rho g$



Our publications on the subject

- A. Sinatra, Y. Castin, E. Witkowska, “Nondiffusive phase spreading of a Bose-Einstein condensate at finite temperature”, *Phys. Rev. A* **75**, 033616 (2007)
- A. Sinatra, Y. Castin, “Genuine phase diffusion of a Bose-Einstein condensate in the microcanonical ensemble: A classical field study”, *Phys. Rev. A* **78**, 053615 (2008)
- A. Sinatra, Y. Castin, E. Witkowska, “Coherence time of a Bose-Einstein condensate”, *Phys. Rev. A* **80**, 033614 (2009)
- A. Sinatra, Y. Castin, “Spatial and temporal coherence of a Bose-condensed gas”, in “Quantum Fluids: hot-topics and new trends”, eds. Michele Modugno, Alberto Bramati (Springer, Berlin, 2012).

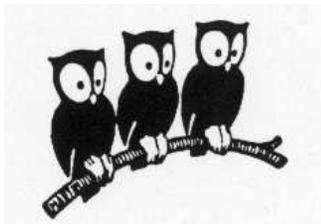
LIMIT OF SPIN SQUEEZING IN FINITE TEMPERATURE BOSE-EINSTEIN CONDENSATES

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ATOMIC CLOCKS IN BRIEF

What an atomic clock does:

- Measures the transition frequency ω_{ab} of two-level atoms
- Formally, a two-level atom is a spin $1/2$
- Collective spin $\mathbf{S} = \sum_{i=1}^N \mathbf{S}_i$, free Hamiltonian:
$$H_0 = \hbar\omega_{ab}S_z$$
- At time 0, prepare the collective spin along x . At time τ , measurement of the spin precession angle $\omega_{ab}\tau$ gives transition frequency ω_{ab} (Ramsey method).

Transverse quantum fluctuations: $\Delta S_y \Delta S_z \geq \frac{1}{2} |\langle S_x \rangle|$

- Standard quantum limit: All spins along x , $\langle S_x \rangle = N/2$:

$$\Delta S_y^{\text{st}} = \Delta S_z^{\text{st}} = \sqrt{N}/2 \longrightarrow \Delta\omega_{ab} = \frac{1}{N^{1/2}\tau}$$

- This is larger than technical noise in good clocks

ONE CAN GAIN WITH SPIN SQUEEZED STATES

- Can reduce a lot ΔS_y , at the expense of increasing ΔS_z
- Gain $1/\xi$ on signal-to-noise ratio (Wineland, 1994):

$$\xi^2 = \frac{N \Delta S_{\perp, \min}^2}{\langle S_x \rangle^2} < 1 \longrightarrow \Delta \omega_{ab} = \frac{\xi}{N^{1/2} \tau}$$

Kitagawa-Ueda spin squeezing: $H = \hbar \omega_{ab} S_z + \hbar \chi S_z^2$

- Spin-dependent Larmor frequency: Evolution turns the fluctuation circle into a tilted ellipse. At best time:

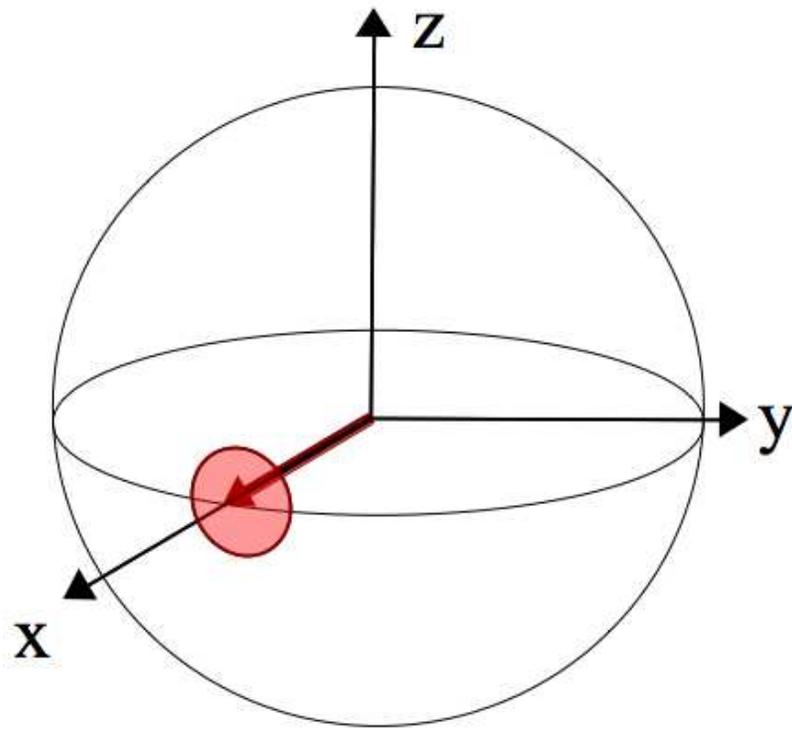
$$\xi_{\min}^2 \underset{N \rightarrow \infty}{\sim} \frac{3^{2/3}}{2N^{2/3}}$$

- Realisable with two-mode condensates (Cirac, 2001):

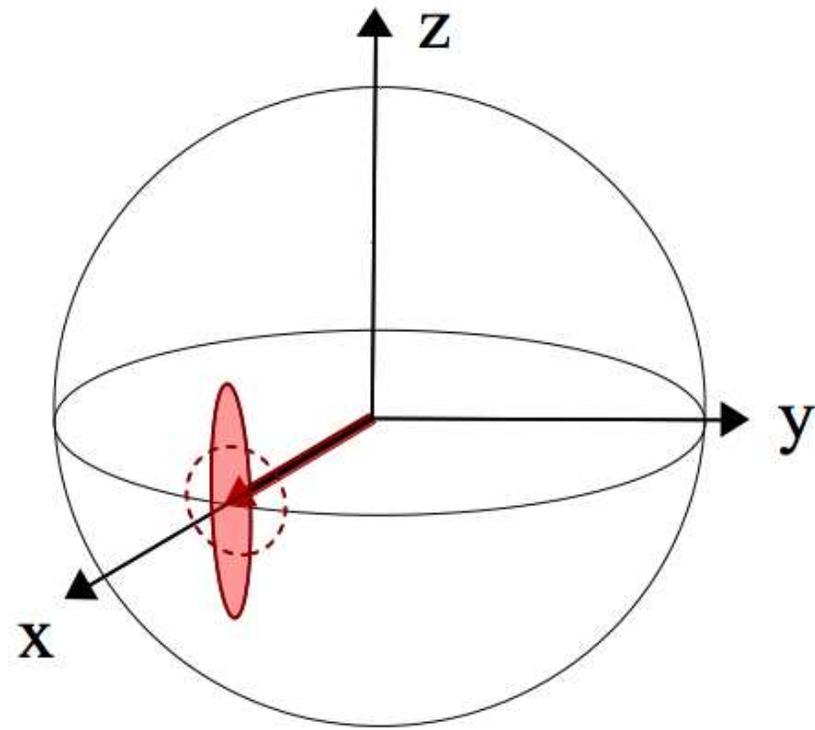
$$S_x + iS_y = a^\dagger b, \quad S_z = (a^\dagger a - b^\dagger b)/2, \quad \chi = \frac{g}{\hbar V}$$

- In the lab (Oberthaler, 2008; Treutlein, 2010): $1/\xi = 3$

ON THE BLOCH SPHERE



uncorrelated atoms



squeezed

In practice, squeezed axis is tilted (rotation required):

$$\Delta S_{\perp, \min}^2 = \frac{1}{2} \left[\langle S_y^2 \rangle + \langle S_z^2 \rangle - |\langle (S_y + iS_z)^2 \rangle| \right]$$

WHAT HAPPENS IN REAL LIFE ?

An atomic gas is a multimode system:

- At $T > 0$, the non-condensed modes constitute a dephasing environment for the condensate: phase spreading and a finite coherence time
- What is the effect on spin squeezing ?

From Bogoliubov theory in brief:

- Much before the phase collapse time, $\rho g t / \hbar \ll N^{1/2}$:

$$\langle S_x \rangle \simeq \frac{N}{2}, \quad S_y \simeq -\frac{N}{2}(\theta_a - \theta_b), \quad S_z = \frac{N_a - N_b}{2}$$

- Evolution of phase operators (previous lecture):

$$(\hat{\theta}_a - \hat{\theta}_b)(t) = (\hat{\theta}_a - \hat{\theta}_b)(0^+) - \frac{gt}{\hbar V} [2S_z + D]$$

$$D = \sum_{\mathbf{k} \neq 0} (U_{\mathbf{k}} + V_{\mathbf{k}})^2 (\hat{n}_{a\mathbf{k}} - \hat{n}_{b\mathbf{k}}) \quad [\hat{n}_{\sigma\mathbf{k}} = \text{quasi-particle nber}]$$

In thermodynamic limit:

$$\xi^2(t) = \frac{1}{(\tau + \sqrt{1 + \tau^2})^2} + \frac{\frac{2\langle D^2 \rangle}{N} \tau^2}{(\tau + \sqrt{1 + \tau^2}) \sqrt{1 + \tau^2}}$$

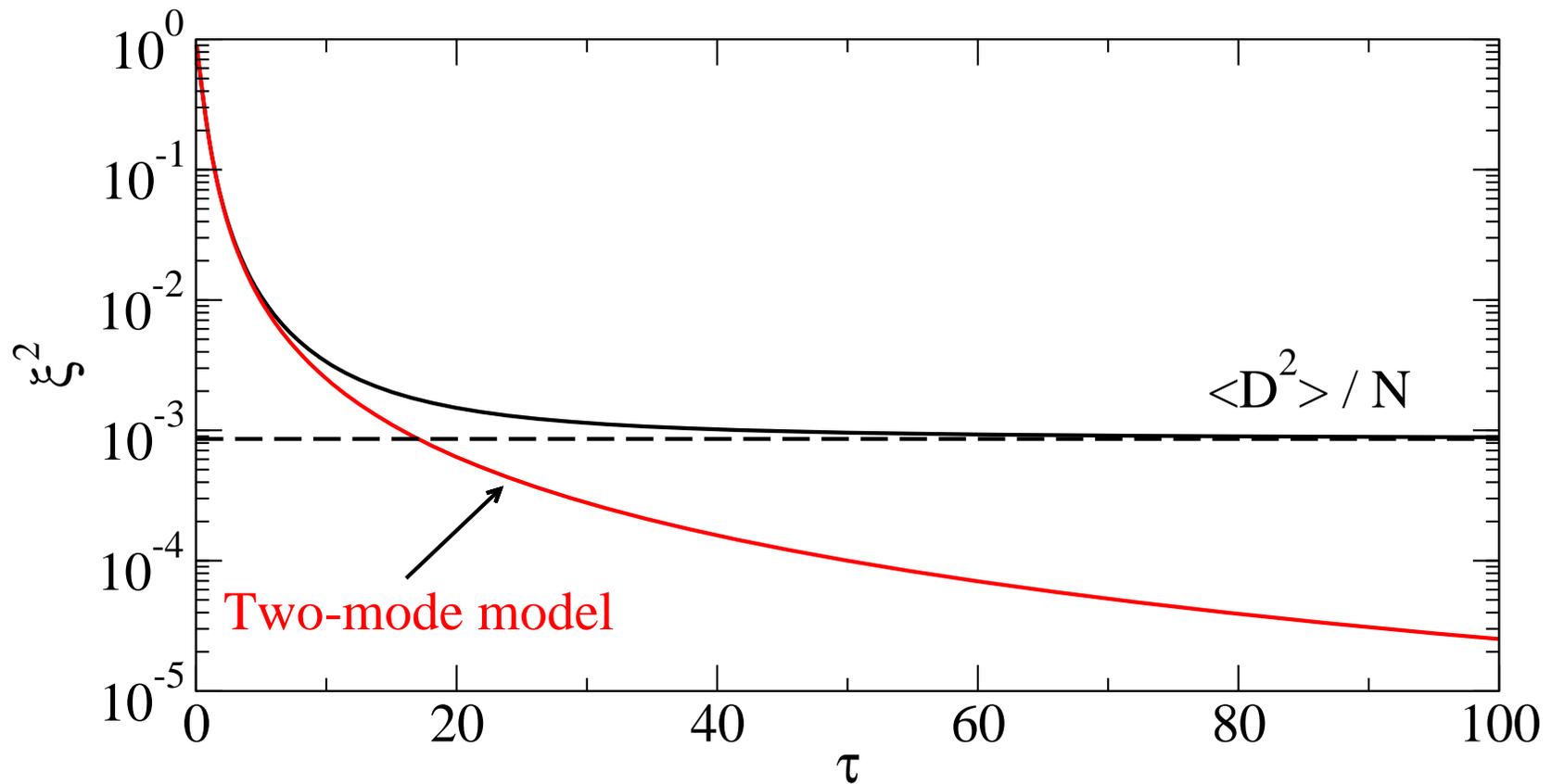
with reduced time $\tau = \rho g t / (2\hbar)$.

- First term is Kitagawa-Ueda model.
- Second term saturates to minimal squeezing:

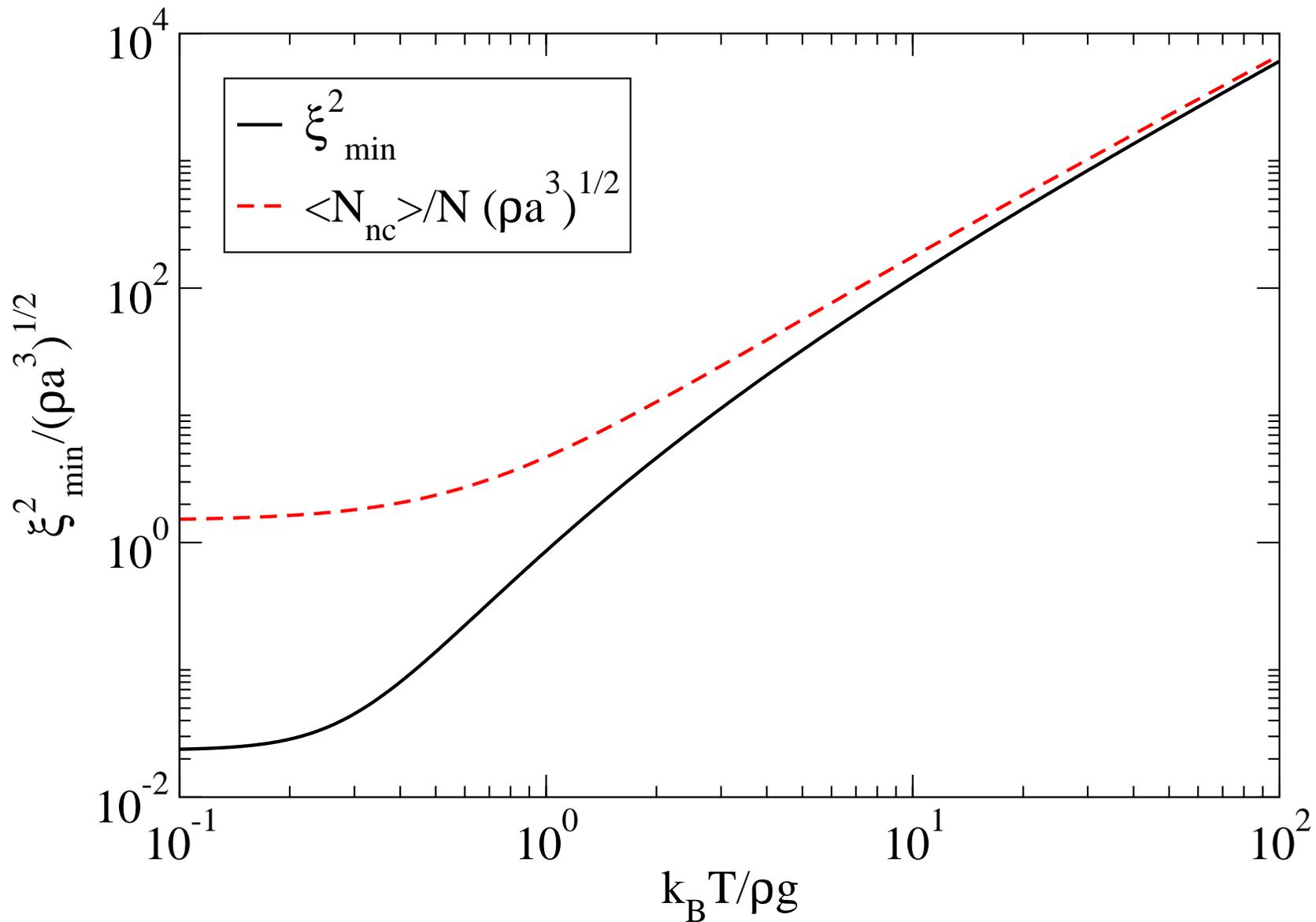
$$\xi_{\min}^2 = \frac{\langle D^2 \rangle}{N} = (\rho a^3)^{1/2} f(k_B T / \rho g)$$

$\xi^2(t)$ FOR BOGOLIUBOV THEORY

$$(\rho a^3)^{1/2} = 10^{-3}, k_B T / \rho g = 1$$



MINIMAL ξ^2 FOR BOGOLIUBOV THEORY



VALIDITY CONDITIONS

- System out-of-equilibrium after pulse
- Will thermalize, this is neglected in Bogoliubov theory
- Have the close-to-best-squeezing time

$$\frac{\rho g t_{\eta}}{\hbar} \simeq \frac{1}{\eta^{1/2} \xi_{\min}}$$

smaller than thermalisation time, estimated by Beliaev-Landau damping rates of modes of energy $k_B T$ or ρg :

$$\frac{\rho g t_{\text{therm}}}{\hbar} \propto \frac{1}{(\rho a^3)^{1/2}}$$

- Validity condition satisfied in weakly interacting limit:

$$\frac{t_{\eta}}{t_{\text{therm}}} \propto (\rho a^3)^{1/4} \ll 1$$

Summary of results for spin squeezing:

- For atoms with two internal states a and b , apply a $\pi/2$ pulse on a condensate initially in a . Due to interactions, phase state transformed into spin squeezing state
- If injected in an atomic clock, statistical uncertainty on clock frequency after interrogation time τ :

$$\Delta\omega_{ab} = \frac{\Delta S_{\perp, \min}}{\langle S_x \rangle \tau} \equiv \frac{\xi}{N^{1/2} \tau}$$

- Spin dynamics is a phase dynamics: $S_z = \text{const}$, $S_x \approx \text{const}$,

$$S_y \propto \theta_a - \theta_b \propto (N_a - N_b + D)t \partial_N \mu / \hbar$$

where D due to multimode nature of the fields (random dephasing environment). Best squeezing in weakly interacting, thermodynamic limit does not vanish:

$$\xi_{\min}^2 \simeq \frac{\langle D^2 \rangle}{N}$$

Our publications on the subject

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- A. Sinatra, J.-C. Dornstetter, Y. Castin, “Spin squeezing in Bose- Einstein condensates: Limits imposed by decoherence and non-zero temperature”, **Front. Phys.** **7**, 86 (2012).
- A. Sinatra, E. Witkowska, Y. Castin, “Spin squeezing in finite temperature Bose-Einstein condensates: Scaling with the system size”, **Eur. Phys. J. Special Topics** **203**, 87 (2012).
- A. Sinatra, Y. Castin, E. Witkowska, “Limit of spin squeezing in trapped Bose-Einstein condensates”, **EPL** **102**, 40001 (2013)