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INTRODUCTION

During the last few years, experimental and theoretical developments in laser spectroscopy have increased our understanding of photon atom interactions. New methods have been invented for controlling the translational degrees of freedom of atoms or ions¹. A new type of spectroscopy is arising, which deals with a single atom or a single ion, confined in a very small volume of space, with a kinetic energy so much reduced by laser cooling that first and second order Doppler effects become completely negligible. The signal given by a photodetector recording the fluorescence light emitted by such a single atom looks like a random sequence of pulses. In this conference, devoted to methods of laser spectroscopy, we would like to present new theoretical tools for extracting the spectroscopic information contained in this sequence of pulses.

EXAMPLES OF SINGLE ATOM EFFECTS

A first example of single atom effect is the so called photon antibunching². The probability per unit time, $g_2(t,t+\tau)$, if one has detected one photon at time t, to detect another one at time $t+\tau$, tends to zero when τ tends to zero³. The interpretation of this effect is that the detection of one photon projects the atom into the ground state, so that we have to wait that the laser reexcites the atom, before we can detect a second photon⁴⁻⁶.

Another interesting example of single atom effect is the phenomenon of "electron shelving" proposed by Dehmelt as a very sentitive double resonance scheme for detecting very weak transitions on a single trapped ion⁷. Consider for example the 3 level atom of Fig. 1-a, with two transitions starting from the ground state $|g\rangle$, one very weak $g \approx_R$, one very intense $g \approx_B$ (which we will call for convenience the "red" and the "blue" transitions), and suppose that two lasers drive these two transitions. When the atom absorbs a red photon, it is "shelved" on $|e_R\rangle$, and this switches off the intense blue fluorescence for a time of the order of Γ_R^{-1} . We expect therefore in this case that the sequence of pulses given by the broadband photodetector recording the fluorescence light should exhibit "periods of brightness", with closely spaced pulses, corresponding to the intense blue resonance fluorescence, alternated with "periods of darkness" corresponding to the periods of shelving on $|e_R\rangle$ (Fig. 1-b). The absorption of one red photon could thus be

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- Fig. 1. (a) 3-level atom with two transitions starting from the ground state $|g\rangle$.
 - (b) Random sequence of pulses given by a photodetector recording the fluorescence of a single atom. The periods of darkness correspond to the shelving of the electron on the metastable level $|e_R>$.

detected by the <u>absence</u> of a large number of blue fluorescence photons⁸. It has been recently pointed out⁹ that such a fluorescence signal could provide a direct observation of "quantum jumps" between $|g\rangle$ and $|e_R\rangle$, and several theoretical models have been presented for this effect, using rate equations and random telegraph signal theory⁹, or optical Bloch equations and correlation functions such as g_2 ¹⁰⁻¹³.

INTRODUCTION OF NEW STATISTICAL FUNCTIONS

In this lecture, we would like to introduce another statistical function which, in our opinion, is more suitable than g_2 for the analysis of signals such as the one of Fig. 1-b. We define $w_2(\tau)$ as the probability, if one has detected one photon at time t, to detect the next one at time t+ τ (and not any other one, as it is the case for g_2)¹⁴. We suppose for the moment that the detection efficiency is equal to 1, so that w_2 and g_2 refer also to emission processes. The delay function $w_2(\tau)$ is directly related to the repartition of delays τ between two successive pulses and thus provides simple evidence for the possible existence of periods of darkness. We would like also to show in this lecture that $w_2(\tau)$ is very simple to calculate and is a very convenient tool for extracting all the spectroscopic information contained in the sequence of pulses of Fig. 1-b.

We first introduce, in parallel with $w_2(\tau)$, a related function $P(\tau)$ defined by :

$$P(\tau) = 1 - \int_{0}^{\tau} d\tau' \cdot w_2(\tau')$$

From the definition of w_2 , it is clear that $P(\tau)$ is the probability for not having any emission of photons between t and t+ τ , after the emission of a photon at time t. $P(\tau)$ starts from 1 at $\tau = 0$ and decreases to zero as τ tends to infinity. We now make the hypothesis that P and w_2 evolve in time

(1)

with at least two very different time constants. More precisely, we suppose that $P(\tau)$ can be written as :

$$P(\tau) = P_{\text{short}}(\tau) + P_{\text{long}}(\tau)$$
(2)

where

$$P_{long}(\tau) = p \exp(-\tau/\tau_{long})$$

and where $P_{short}(\tau)$ tends to zero very rapidly, i.e. with one (or several) time constant(s) τ_{short} much shorter than τ_{long} . We shall see later on that this splitting effectively occurs for the three level system described above.

LOOKING FOR PERIODS OF DARKNESS

Our main point is that this form for $P(\tau)$ proves the existence of bright and dark periods in the photodetection signal, and furthermore allows the calculations of all their characteristics (average duration, repetition rate, ...). Our analysis directly follows the experimental procedure that one would use in order to exhibit such dark and light periods in the signal. We introduce a time delay θ such as :

$$\tau_{\text{short}} \ll \theta \ll \tau_{\text{long}}$$

and we "store" the intervals Δt between successive pulses in two "channels": the interval Δt is considered as short if $\Delta t < \theta$, as long if $\Delta t > \theta$. We now evaluate quantities such as the probability II for having a long interval after a given pulse and the average durations T_{long} and T_{short} of long and short intervals. If none of these three quantities depends (in first appro-

ximation) on θ , this clearly demonstrates the existence of bright periods (i.e. : succession of short intervals) and of dark ones (i.e. : occurence of a long interval).

The probability Π for having an interval Δt larger than θ is directly obtained from the function $P : \Pi = P(\theta)$. Using the double inequality (4), we get $P_{short}(\theta) \simeq 0$ and $P_{long}(\theta) \simeq P_{long}(0) = p$, so that :

$$\Pi = p \tag{5}$$

The average durations T_{long} and T_{short} of long and short intervals are given by :

$$T_{\text{long}} = \frac{1}{\Pi} \int_{\Theta} d\tau \cdot \tau \cdot w_{2}(\tau)$$

$$T_{\text{short}} = \frac{1}{1 - \Pi} \int_{\Theta}^{\Theta} d\tau \cdot \tau \cdot w_{2}(\tau)$$
(6)

After an integration by parts and using again the double inequality (4), this becomes :

$$\begin{cases} T_{\text{long}} = \tau_{\text{long}} \\ T_{\text{short}} = \frac{1}{1-p} \int_{0}^{\infty} d\tau \cdot P_{\text{short}}(\tau) \end{cases}$$
(7)

We see that the average length of long intervals is just the long time constant of $P(\tau)$, while the average length of short intervals is related to the rapidly decreasing part of $P(\tau)$. None of the three quantities obtained

(3)

(4)

in (5) and (7) depends on θ , which indicates the intrinsic existence of dark periods and of bright ones. The average duration of a dark period \mathcal{C}_{D} is just τ_{long} , while the average duration of a bright period \mathcal{C}_{B} is the product of the duration of a short interval T_{short}, by the average number N of consecutive short intervals¹⁵:

$$\begin{cases} \mathcal{L}_{D} = \tau_{\text{long}} \\ \mathcal{L}_{B} = T_{\text{short}} \cdot \overline{N} \end{cases}$$
(8.a)
(8.b)

This average number \overline{N} can be written $\sum_{N} N P_{N}$ where $P_{N} = (1-p)^{N} p$ is the probability for having N short intervals followed by a long one. Actually, the notion of "brightness" for a period has a sense only if it contains many pulses. We are then led to suppose $p \ll 1$, so that :

$$\overline{N} = \frac{1-p}{p} \simeq \frac{1}{p} \gg 1$$
(9)

Using (7) and (8.b), the length of a bright period can finally be written :

$$\mathcal{C}_{B} = \frac{1}{p} \int_{0}^{\infty} d\tau \cdot \Pr_{short}(\tau)$$
(10)

Note that if the efficiency of the detection ε is not 100%, results (8.a) and (10) are still valid provided certain conditions hold. Remark first that in a bright period, the mean number of pulses is multiplied by ε , and that the interval between two successive pulses is divided by ε . In order to still observe dark and bright periods, one has to detect many pulses in a given bright period, and the average delay between two detected pulses must be much shorter than the length of a dark period :

(11)

Provided these two inequalities are satisfied, it is still possible to detect dark and bright periods, whose lengthes are again given by (8.a) and (10).

METHOD OF CALCULATION OF THE DELAY FUNCTION

We now tackle the problem of the calculation of w_2 and P for the 3-level atom described above, for which we shall use a dressed atom approach. Immediately after the detection of a first fluorescence photon at time t, the system is in the state $|\phi_0\rangle = |g,N_B,N_R\rangle$, i.e. atom in the ground state in presence of N_B blue photons and N_R red photons. Neglecting antiresonant terms, we see that this state is only coupled by the laser-atom interactions to the two other states $|\phi_1\rangle = |e_B,N_B-1,N_R\rangle$ and $|\phi_2\rangle = |e_R,N_B,N_R-1\rangle$ (the atom absorbs a blue or a red photon and jumps from $|g\rangle$ to $|e_B\rangle$ or $|e_R\rangle$). These three states form a nearly degenerate 3-dimensional manifold $\&(N_B,N_R)$ (see Fig. 2), from which the atom can escape only by emitting a second fluorescence photon. The detection of this photon then projects the atom in a lower manifold. Consequently, the probability P(T) for not having any emission of photon between t and t+T after the detection of a photon at time t is simply equal to the population of the manifold $\&(N_B,N_R)$ at time t+T knowing that the system starts from the state $|\phi_0\rangle$ at time t.

In order to calculate this population, we look for a solution for the total wavefunction of the form :



Fig. 2. Manifold of unperturbed dressed states involved in the calculation of $P(\tau)$.

 $|\psi(t+\tau)\rangle = \sum_{i=0,1,2} a_i(\tau) |\phi_i\rangle \times |0 \text{ fluorescence photon}\rangle$

+ states involving fluorescence photons> (12)

with $a_0(0) = 1$, all other coefficients being equal to zero at time t. From (12), we then extract P :

$$P(\tau) = \sum_{i} |a_{i}(\tau)|^{2}$$
(13)

The equations of motion for the a.'s read :

$$\begin{cases}
i \dot{a}_{0} = \frac{\Omega_{B}}{2} a_{1} + \frac{\Omega_{R}}{2} a_{2} \\
i \dot{a}_{1} = \frac{\Omega_{B}}{2} a_{0} - (\Delta_{B} + \frac{i\Gamma_{B}}{2}) a_{1} \\
i \dot{a}_{2} = \frac{\Omega_{R}}{2} a_{0} - (\Delta_{R} + \frac{i\Gamma_{R}}{2}) a_{2}
\end{cases}$$
(14)

where Ω_B and Ω_R represent the blue and red Rabi frequencies, $\Delta_B(\Delta_R)$ the detuning between the blue (red) laser and the blue (red) atomic transition, and where Γ_B^{-1} and Γ_R^{-1} are the natural lifetimes of levels $|e_B\rangle$ and $|e_R\rangle$. This differential system is easily solved by Laplace transform, and each $a_i(\tau)$ appears as a superposition of 3 (eventually complex) exponentials. The main result is then that, provided Γ_R and Ω_R are small enough compared to Γ_B and Ω_B , $P(\tau)$ can be written as in (2)-(3) : this proves the existence of periods of darkness in the photodetection signal.

We shall not give here the details of the general calculations, and we shall only investigate the two limiting cases of weak and strong blue excitations.

THE LOW INTENSITY LIMIT

This limit corresponds to $\Omega_B \ll \Gamma_B$ (blue transition not saturated). We suppose the blue laser tuned at resonance ($\Delta_B = 0$) and we consider first $\Delta_R = 0$. The system (14) has 3 time constants, two short τ_1 and τ_2 and one long τ_3 :

$$\begin{cases} \frac{1}{\tau_{1}} = \frac{\Gamma_{B}}{2} & (15.a) \\ \frac{1}{\tau_{2}} = \frac{\Omega_{B}^{2}}{2\Gamma_{B}} & (15.b) \\ \frac{1}{\tau_{3}} = \frac{\Gamma_{R}}{2} + \frac{\Gamma_{B}}{2} \frac{\Omega_{R}^{2}}{\Omega_{B}^{2}} & (15.c) \end{cases}$$

The weight of τ_2 is predominant in $P_{short}(\tau)$ and we find :

$$T_{\text{short}} = \tau_2/2 \tag{16}$$

Physically, $2/\tau_2$ represents the absorption rate of a blue photon from $|g\rangle$ to $|e_B\rangle$. It can be interpreted as the transition rate given by the Fermi golden rule, with a matrix element $\Omega_B/2$ and a density of final states $2/\pi\Gamma_B$ and corresponds to the width of the ground state induced by the blue laser.

On the other hand, the long time constant in $P(\tau)$ is proportional to τ_3

$$T_{1ong} = \tau_3/2$$
 (17)

Physically, $2/\tau_3$ represents the departure rate from $|e_R\rangle$, due to both spontaneous (first term of (15.c)) and stimulated (second term of (15.c)) transitions (Fig. 3). The second term of (15.c) can be written $(\Omega_R/2)^2\tau_2$ and then appears as a Fermi golden rule expression. It gives the stimulated emission rate of a red photon from $|e_R\rangle$ (matrix element $\Omega_R/2$) to the ground state $|g\rangle$ broadened by the blue laser (density of states τ_2/π). Note that the condition $T_{long} \gg T_{short}$ implies :

$$\Gamma_{\rm R}$$
, $\Omega_{\rm R} \ll \frac{\Omega_{\rm B}^2}{\Gamma_{\rm B}}$ (18)

From now on, we choose Ω_R such that the two spontaneous and stimulated rates of (15.c) are equal, and we calculate from (8.a) and (10) the variation with the red detuning Δ_R of the ratio $\mathcal{C}_D/\mathcal{C}_B$. We find that this ratio exhibits a resonant variation with Δ_R (Fig. 4) :

$$\frac{\sigma_{\rm D}}{\sigma_{\rm B}} = \frac{1}{2 + (\tau_2 \ \Delta_{\rm R})^2}$$
(19)

This shows that it is possible to detect the $g - e_R$ resonance by studying the ratio between the lengthes of dark and bright periods. Note that this ratio can be as large as 1/2 (for $\Delta_R = 0$) and that the width of the resonance is determined by the width of the ground state induced by the laser. We have supposed here that $\Delta_B = 0$; if this was not the case, one would get a shift of the resonance given in (19) due to the light shift of |g>.

THE HIGH INTENSITY LIMIT

This limit corresponds to $\Omega_B \gg \Gamma_B$ (blue transition saturated). We still suppose $\Delta_B = 0$. The two short time constants τ_1 and τ_2 of (14) are now equal to $4/\Gamma_B$, so that $T_{short} = 2/\Gamma_B$. The corresponding two roots r_1 and r_2 of the characteristic equation of (14) :

$$\begin{cases} r_{1} = -\frac{\Gamma_{B}}{4} - i \frac{\Omega_{B}}{2} \\ r_{2} = -\frac{\Gamma_{B}}{4} + i \frac{\Omega_{B}}{2} \end{cases}$$
(20.a) (20.b)



Fig. 3. The two possible desexcitation processes of the shelving state e_R : spontaneous transitions (wavy arrow) from e_R to g and stimulated transitions (full arrow) from e_R to g broadened by the blue laser (double arrow).



Fig. 4. Variations of $\mathcal{C}_{D}/\mathcal{C}_{B}$ with Δ_{R} in the low intensity limit.

have now an imaginary part $\pm i\Omega_B/2$, which describes a removal of degeneracy induced in the manifold $\&({\rm N}_B$, ${\rm N}_R)$ by the atom blue laser coupling : the two unperturbed states $|\varphi_0>$ and $|\varphi_1>$ of $\&({\rm N}_B$, ${\rm N}_R)$, which are degenerate for $\Delta_B=0$, are transformed by this coupling into two perturbed dressed states :

$$|\psi_{\pm}\rangle = \frac{1}{\sqrt{2}} (|\phi_0\rangle \pm |\phi_1\rangle)$$
 (21)

having a width $\Gamma_B/4$ and separated by the well known dynamical Stark splitting Ω_B 16 . The interaction with the red laser couples the third level $|\phi_2\rangle$ to $|\psi_{\pm}\rangle$ with matrix elements \pm $\Omega_R/2\sqrt{2}$. This coupling is resonant when $|\phi_2\rangle$ is degenerate with $|\psi_{+}\rangle$ or $|\psi_{-}\rangle$, i.e. when $\Delta_R=\pm$ $\Omega_B/2$ (Fig. 5). Such a resonant behaviour appears on the general expression of the slow time constant τ_3 of (14) :

$$\frac{1}{\tau_3} = \frac{\Gamma_R}{2} + \frac{\Omega_R^2}{32} \frac{\Omega_B^2 \Gamma_B}{\left(\frac{\Omega_B^2}{4} - \Delta_R^2\right)^2 + \frac{\Delta_R^2 \Gamma_B^2}{4}}$$
(22)

which reaches its maximum value :

$$\frac{1}{\tau_{3}} = \frac{\Gamma_{\rm R}}{2} + \frac{\Omega_{\rm R}^{2}}{2\Gamma_{\rm B}}$$
(23)

for $\Delta_{\rm R}=\pm~\Omega_{\rm B}/2$. As in (15.c), the first term of (22) or (23) represents the effect of spontaneous transitions from $|{\rm e_R}>$. The second term of (23) can be written as $(\Omega_{\rm R}/2\sqrt{2})^2$. $(4/\Gamma_{\rm B})$ and appears as a stimulated emission rate of a red photon from $|{\rm e_R}>$ to the broad $|\psi_+>$ or $|\psi_->$ states. If, as above, we choose $\Omega_{\rm R}$ such that the 2 rates of (23) are equal, we get for $\mathcal{C}_{\rm D}/\mathcal{C}_{\rm B}$ the double peaked structure of Fig. 6. When $\Delta_{\rm R}=0$, we find :

$$\frac{\mathcal{C}_{\rm D}}{\mathcal{C}_{\rm B}} = \frac{\Gamma_{\rm B}^{4}}{2\Omega_{\rm B}^{4}} \ll 1 \tag{24}$$

so that the dark periods have a very small weight in this case. On the other hand, around Δ_R = ± $\Omega_B/2$, we get :

$$\frac{\mathcal{C}_{\rm D}}{\mathcal{C}_{\rm B}} = \frac{1}{2} \frac{\left(\frac{1}{\rm B}}{4}\right)^2}{\left(\Delta_{\rm R} \mp \frac{\Omega_{\rm B}}{2}\right)^2 + 2\left(\frac{\Gamma_{\rm B}}{4}\right)^2}$$
(25)

It follows that the two peaks have a maximum value equal to 1/4 and a width $\Gamma_{\rm B}/\sqrt{2}$.

Finally, Fig. 6 shows that measuring in this case the ratio between the lengthes of dark and bright periods gives the possibility to detect, on a single atom, the Autler-Townes effect induced on the weak red transition by the intense blue laser excitation.

CONCLUSION

We have introduced in this paper new statistical functions which allow a simple analysis of the electron shelving scheme proposed by Dehmelt for detecting very weak transitions on a single trapped ion. We have shown that there exist, in the sequence of pulses given by the photodetector recording the fluorescence light, periods of darkness. The average length \mathcal{C}_D of such dark periods, which is determined by the spontaneous and stimulated lifetimes of the shelving state, can reach values of the order of the average length \mathcal{C}_B of the bright periods. They should then be clearly visible on the recording of the fluorescence signal. We have also shown that it is possible to



Fig. 5. Two perturbed dressed states $|\psi_+\rangle$ and $|\psi_-\rangle$ resulting from the strong blue coupling between $|\phi_0\rangle$ and $|\phi_1\rangle$. The weak red coupling between $|\phi_2\rangle$ and $|\psi_\pm\rangle$ is resonant when $\Delta_{\mathcal{R}} = \pm \ \Omega_{\mathcal{B}}/2$.



Fig. 6. Variations of $\mathcal{C}_D/\mathcal{C}_B$ with Δ_R in the high intensity limit.

get spectroscopic informations by plotting the ratio $\mathcal{C}_D/\mathcal{C}_B$ versus the detuning of the laser driving the weak transition. The smallest width obtained in this way is the width of the ground state due to the intense laser. Note that this width is still large compared to the natural width of the shelving state. It is clear that, in order to get resonances as narrow as possible, the two lasers should be alternated in time.

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