



Cavity QED with Rydberg Atoms Serge Haroche, Collège de France & Ecole Normale Supérieure, Paris

A three lecture course

Goal of lectures

Manipulating states of simple quantum systems has become an important field in quantum optics and in mesoscopic physics, in the context of quantum information science. Various methods for state preparation, reconstruction and control have been recently demonstrated or proposed.

Two-level systems (qubits) and quantum harmonic oscillators play an important role in this physics. The qubits are information carriers and the oscillators act as memories or quantum bus linking the qubits together. Coupling qubits to oscillators is the domain of Cavity Quantum Electrodynamics (CQED) and Circuit Quantum Electrodynamics (Circuit-QED). In microwave CQED, the qubits are Rydberg atoms and the oscillator is a mode of a high Q cavity while in Circuit QED, Josephson junctions act as artificial atoms playing the role of qubits and the oscillator is a mode of an LC radiofrequency resonator.

The goal of this course is to present the field of CQED, whose concepts are readily extended to circuit QED, and to analyze various ways to measure, manipulate and reconstruct quantum fields in cavities. These lectures will give us an opportunity to review basic concepts of measurement theory in quantum physics.

Outline of lectures (tentative)

•Lecture 1 (July 17th):

Introduction to Cavity QED with Rydberg atoms interacting with microwave fields in a high Q superconducting resonator.

• Lecture 2 (July 19th):

Review of measurement theory illustrated by the description of quantum non-demolition photon counting in Cavity QED.

• Lecture 3 (July 20th):

State reconstruction and quantum feedback experiments in Cavity QED. Link with Circuit QED.

I-A

The basic ingredients of Cavity QED: qubits and oscillators



Description of a qubit (or spin 1/2)



 $\sigma_{x} = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}; \sigma_{y} = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}; \sigma_{z} = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$

Any pure state of a qubit (0/1) is parametrized by two polar angles θ, φ and is represented by a point on the Bloch sphere :

$$\left|\theta,\varphi\right\rangle = \cos\frac{\theta}{2}e^{-i\varphi/2}\left|0\right\rangle + \sin\frac{\theta}{2}e^{i\varphi/2}\left|1\right\rangle$$

A statistical mixture is represented by a density operator:

$$\rho = \left| \psi_{qubit} \right\rangle \left\langle \psi_{qubit} \right| \quad (pure \ state)$$

$$\rho = \sum_{i} p_{i} \left| \psi_{qubit}^{(i)} \right\rangle \left\langle \psi_{qubit}^{(i)} \right| \quad (\sum_{i} p_{i} = 1) \quad (mixture)$$

which can be expanded on Pauli matrices with coeffcients defining a Bloch vector:

$\rho = \frac{1}{2} \left(I + \vec{P} . \vec{\sigma} \right)$	•	$\left \vec{P} \right \le 1$
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 $\sigma_i^2 = I \quad (i = x, y, z) \qquad \rho \text{ hermitian, with unit trace and } \ge 0 \text{ eigenvalues}$ $\left| \vec{P} \right| = 1: pure \ state \quad ; \left| \vec{P} \right| < 1: mixture; \left| \vec{P} \right| > 1: non \ physical \ (negative \ eigenvalue)$

A qubit quantum state (pure or mixture) is fully determined by its Bloch vector

Description of a qubit (cont'd)

The Bloch vector components are the expectation values of the Pauli operators:

$$P_{i} = Tr\rho\sigma_{i} = \langle\sigma_{i}\rangle \quad (i = x, y, z) \quad ; \quad \rho = \frac{1}{2} \left[I + \sum_{i} \langle\sigma_{i}\rangle\sigma_{i}\right] \qquad \left(Tr\sigma_{i}\sigma_{j} = 2\delta_{ij}\right)$$

The qubit state is determined by performing averages on an ensemble of realizations: the concept of quantum state is statistical.

Calling p_{i+} et p_{i-} the probabilities to find the qubit in the eigenstates of σ_i with eigenvalues ±1, we have also:

$$P_i = p_{i+} - p_{i-}$$
; $\rho = \frac{1}{2} \left[I + \sum_i (p_{i+} - p_{i-}) \sigma_i \right]$

Manipulation and measurement of qubits: Qubit rotations are realized by applying resonant pulses whose frequency, phase and durations are controlled. In general, it is easy to measure the qubit in its energy basis (σ_z component). To measure an arbitrary component, one starts by performing a rotation which maps its Bloch vector along Oz, and then one measures the energy.

Qubit rotation induced by microwave pulse

Coupling of atomic qubit with a classical field:

$$H = H_{at} + H_{int}(t) \quad ; \quad H_{at} = \hbar \frac{\omega_{eg}}{2} \sigma_z \quad ; \quad H_{int}(t) = -\overrightarrow{D}.\overrightarrow{E}_{mw}(t)$$

Microwave electric field linearly polarized with controlled phase ϕ_0 :

$$E_{mw}(t) = E_0 \cos(\omega_{mw}t - \varphi_0) = \frac{E_0}{2} \left[\exp i(\omega_{mw}t - \varphi_0) + \exp - i(\omega_{mw}t - \varphi_0) \right]$$

Qubit electric-dipole operator component along field direction is off-diagonal and real in the qubit basis (without loss of generality):

$$D_{along field} = d\sigma_x \quad (d \quad real)$$

Hence the Hamiltonian:

$$H = \hbar \frac{\omega_{eg}}{2} \sigma_z - \hbar \frac{\Omega_{mw}}{2} \sigma_x \left[\exp i(\omega_{mw}t - \varphi_0) + \exp - i(\omega_{mw}t - \varphi_0) \right] \quad ; \quad \Omega_{mw} = d E_0 / \hbar$$

and in frame rotating at frequency ω_{mw} around Oz:

$$i\hbar \frac{d|\Psi}{dt} = H|\Psi\rangle \quad ; \quad \left|\tilde{\Psi}\right\rangle = \exp\left(i\frac{\sigma_z\omega_{mw}}{2}t\right)|\Psi\rangle \quad \to \quad i\hbar \frac{d|\tilde{\Psi}\rangle}{dt} = \tilde{H}|\tilde{\Psi}\rangle \quad ;$$
$$\tilde{H} = \hbar \frac{\left(\omega_{eg} - \omega_{mw}\right)}{2}\sigma_z - \hbar \frac{\Omega_{mw}}{2}e^{i\frac{\sigma_z\omega_{mw}t}{2}}\sigma_x e^{-i\frac{\sigma_z\omega_{mw}t}{2}}\left[e^{i(\omega_{mw}t - \varphi_0)} + e^{-i(\omega_{mw}t - \varphi_0)}\right]$$

Bloch vector rotation (ctn'd)

$$\tilde{H} = \hbar \frac{\left(\omega_{eg} - \omega_{mw}\right)}{2} \sigma_{z} - \hbar \frac{\Omega_{mw}}{2} e^{i\frac{\sigma_{z}\omega_{mw}t}{2}} \sigma_{x} e^{-i\frac{\sigma_{z}\omega_{mw}t}{2}} \left[e^{i(\omega_{mw}t - \varphi_{0})} + e^{-i(\omega_{mw}t - \varphi_{0})}\right]$$
$$e^{i\frac{\sigma_{z}\omega_{mw}t}{2}} \sigma_{x} e^{-i\frac{\sigma_{z}\omega_{mw}t}{2}} = \sigma_{x}\cos\omega_{mw}t - \sigma_{y}\sin\omega_{mw}t = \left(\frac{\sigma_{x} + i\sigma_{y}}{2}\right)e^{i\omega_{mw}t} + \left(\frac{\sigma_{x} - i\sigma_{y}}{2}\right)e^{-i\omega_{mw}t}$$

The rotating wave approximation (rwa) neglects terms evolving at frequency $\pm 2\omega_{mw}$:

$$\tilde{H}_{rwa} = \hbar \frac{\left(\omega_{eg} - \omega_{mw}\right)}{2} \sigma_z - \hbar \frac{\Omega_{mw}}{2} \left(\sigma_+ e^{i\varphi_0} + \sigma_- e^{-i\varphi_0}\right) \quad ; \quad \sigma_{\pm} = \left(\sigma_x \pm i\sigma_y\right)/2$$

The rwa hamiltonian is t-independent. At resonance ($\omega_{eq}=\omega_{mw}$), it simplifies as:

$$\tilde{H}_{rwa} = -\hbar \frac{\Omega_{mw}}{2} \left(\sigma_{+} e^{i\varphi_{0}} + \sigma_{-} e^{-i\varphi_{0}} \right) = -\hbar \frac{\Omega_{mw}}{2} \left(\sigma_{x} \cos \varphi_{0} - \sigma_{y} \sin \varphi_{0} \right)$$

A resonant mw pulse of length τ and phase ϕ_0 rotates Bloch vector by angle $\Omega_{mw}\tau$ around direction Ou in Bloch sphere equatorial plane making angle $-\phi_0$ with Ox:

$$\tilde{U}(\tau) = \exp(-i\tilde{H}_{rwa}\tau/\hbar) = \exp(-i\frac{\Omega_{mw}\tau}{2}\sigma_u)$$
$$\sigma_u = \sigma_x \cos\varphi_0 - \sigma_y \sin\varphi_0$$

A method to prepare arbitrary pure qubit state from state |e> or |g>. By applying a convenient pulse prior to detection in qubit basis, one can also detect qubit state along arbitrary direction on Bloch sphere.



Description of harmonic oscillator (phonons or photons) $X = \frac{a+a^{\dagger}}{2}$; $P = \frac{a-a^{\dagger}}{2i}$ $p(E_2) \begin{bmatrix} X,P \end{bmatrix} = \frac{i}{2}I$



Coherent state

Coupling of cavity mode with a small resonant classical antenna located at r=0:

$$V = -\vec{J}(t).\vec{A}(0)$$
; $J(t) \sim \cos \omega t$; $A(0) \sim a + a^{\dagger}$

Hence, the hamiltonian for the quantum field mode fed by the classical source:

$$H_{Q} = \hbar \omega a^{\dagger} a + V = \hbar \omega a^{\dagger} a + \Lambda \left(e^{i\omega t} + e^{-i\omega t} \right) \left(a + a^{\dagger} \right)$$

(Λ : constant proportional to current amplitude in antenna)

Interaction representation:

$$\left|\tilde{\psi}_{field}\right\rangle = \exp(i\omega a^{\dagger}at) \left|\psi_{field}\right\rangle \rightarrow i\hbar \frac{d\left|\tilde{\psi}_{field}\right\rangle}{dt} = \tilde{H}_{Q} \left|\tilde{\psi}_{field}\right\rangle \quad with \quad \tilde{H}_{Q} = \Lambda \left(e^{i\omega t} + e^{-i\omega t}\right) e^{i\omega a^{\dagger}at} (a + a^{\dagger}) e^{-i\omega a^{\dagger}at}$$

Rotating wave approximation (keep only time independent terms):

$$\tilde{H}_{Q}(rwa) = \Lambda \left(a + a^{\dagger} \right)$$

Field evolution in cavity starting from vacuum at t=0:

$$\left|\tilde{\psi}_{field}(t)\right\rangle = \exp\left(-i\frac{\Lambda}{\hbar}\left[a+a^{\dagger}\right]t\right)\left|0\right\rangle = \exp\left(\alpha a^{\dagger}-\alpha^{*}a\right)\left|0\right\rangle = e^{-\alpha\alpha^{*}/2}e^{\alpha a^{\dagger}}e^{-\alpha^{*}a}\left|0\right\rangle \quad (\alpha = -i\Lambda t/\hbar)$$

We have used Glauber formula to split the exponential of the sum in last expression. Expanding $exp(\alpha a^{\dagger})$ in power series, we get the field in Fock state basis:

$$\left|\tilde{\psi}_{field}(t)\right\rangle = e^{-\left|\alpha\right|^{2}/2} \sum_{n} \frac{\alpha^{n}}{\sqrt{n!}} \left|n\right\rangle$$

Coupling field mode to classical source generates coherent state whose amplitude increases linearly with time.

Coherent state (ctn'd)



Representations of a field state

Density operator for a field mode:

$$\rho = \left| \psi_{\text{field}} \right\rangle \left\langle \psi_{\text{field}} \right| \quad (pure \ state) \quad ; \quad \rho = \sum_{i} p_i \left| \psi_{\text{field}}^{(i)} \right\rangle \left\langle \psi_{\text{field}}^{(i)} \right| \quad (\sum_{i} p_i = 1) \quad (mixture)$$

Matrix elements of ρ can be discrete ($\rho_{nn'}$ in Fock state basis) or continuous ($\rho_{xx'}$ in quadrature basis where $|x\rangle$ are the eigenstates of $a+a^{\dagger}$). Going from one representation to the other is easy knowing the amplitudes $\langle x|n\rangle$ expressing the oscillator energy eigenstates in the x basis (Hermite polynomial multiplied by gaussian functions).

Representation in phase space: the Wigner function:

$$W(x,p) = \frac{1}{\pi} \int du \exp(-2ipu) \langle x+u/2|\rho|x-u/2 \rangle$$

W is a real distribution in (x,p) space (equivalently, in complex plane), whose knowledge is equivalent to that of ρ . The «shadow» of W on p plane yields the x- distribution in the state.



I-B

Coupling a qubit to a quantized field mode: the Jaynes-Cummings Hamiltonian

	Matter	Radiation	
Semi- classical	Classical current	Quantum field mode	Translation in phase space and Coherent states
	Quantum (qubit)	Classical field	Rotation in Bloch sphere and arbitrary qubit states
Fully quantum	Quantum (qubit)	Quantum field mode ·	Cavity QED

Qubit-quantum field mode coupling



Vacuum Rabi frequency in cavity mode of volume \mathcal{V} :

$$\begin{split} &\langle 0 \left| E_{Q}^{2}(0) \right| 0 \rangle = E_{0}^{2} \left\langle 0 \left| aa^{\dagger} + a^{\dagger}a \right| 0 \right\rangle = E_{0}^{2} \\ & \varepsilon_{0} V E_{0}^{2} = \frac{\hbar \omega}{2} \quad \rightarrow \quad E_{0} = \sqrt{\frac{\hbar \omega}{2\varepsilon_{0} V}} \\ & \Omega_{0} = \sqrt{\frac{2d^{2}\omega}{\varepsilon_{0} \hbar V}} \qquad \qquad \begin{array}{c} \text{Requires large dipole} \\ & \text{d and small cavity} \\ & \text{volume } V \end{split}$$



Non-Resonant coupling: light shifts in CQED



Measuring qubit phase shift in CQED: the Ramsey interferometer



Ramsey interferometer (ctn'd)

A useful formula:

 $\exp(-i\varphi\sigma_u) = \cos\varphi I - i\sin\varphi \sigma_u \quad (for any Pauli operator)$

Hence the rotation induced by Ramsey interferometer:

$$R = \exp\left(-i\frac{\pi}{4}\sigma_{u}\right)\exp\left(-i\frac{\varphi_{c}}{2}\sigma_{z}\right)\exp\left(-i\frac{\pi}{4}\sigma_{x}\right)$$
Rotation / Rotation induced by R₂

$$= \frac{1}{2}\begin{pmatrix} 1 & -ie^{i\varphi_{r}} \\ -ie^{-i\varphi_{r}} & 1 \end{pmatrix}\begin{pmatrix} e^{-i\varphi_{c}/2} & 0 \\ 0 & e^{i\varphi_{c}/2} \end{pmatrix}\begin{pmatrix} 1 & -i \\ -i & 1 \end{pmatrix}$$

$$= -i\begin{pmatrix} e^{i\varphi_{r}/2}\sin\left(\frac{\varphi_{c}+\varphi_{r}}{2}\right) & e^{i\varphi_{r}/2}\cos\left(\frac{\varphi_{c}+\varphi_{r}}{2}\right) \\ e^{-i\varphi_{r}/2}\cos\left(\frac{\varphi_{c}+\varphi_{r}}{2}\right) & e^{-i\varphi_{r}/2}\sin\left(\frac{\varphi_{c}+\varphi_{r}}{2}\right) \end{pmatrix}$$

and the evolution of |e> and |g> states:

$$R|e\rangle = -ie^{i\varphi_r/2} \sin\left(\frac{\varphi_c + \varphi_r}{2}\right)|e\rangle - ie^{-i\varphi_r/2} \cos\left(\frac{\varphi_c + \varphi_r}{2}\right)|g\rangle$$
$$R|g\rangle = -ie^{i\varphi_r/2} \cos\left(\frac{\varphi_c + \varphi_r}{2}\right)|e\rangle - ie^{-i\varphi_r/2} \sin\left(\frac{\varphi_c + \varphi_r}{2}\right)|g\rangle$$

 $P_{e \rightarrow g} = \cos^{2} \left(\frac{\varphi_{c} + \varphi_{r}}{2} \right)$ Ramsey fringes detected by sweeping φ_{r} . Fringe-phase used to measure cavity shift φ_{c} .

General scheme of cavity QED experiments



ENS experiments:

Rydberg atoms in states e and g behave as qubits. They are prepared in B in state e and cross one at a time the high-Q cavity C where they are coupled to a field mode. The atom-field system evolution is ruled by the Jaynes-Cummings hamiltonian. A microwave pulse applied in R_1 prepares each atom in a superposition

of e and g. After C, a second pulse, applied in R_2 , maps the measurement direction of the qubit along the Oz axis of the Bloch sphere, before detection of the qubit by selective field ionization in an electric field (in D). The R_1 - R_2 combination constitutes a Ramsey interferometer. This set-up has been used to entangle atoms, realize quantum gates, count photons non-destructively, reconstruct non classical states of the field and demonstrate quantum feedback procedure (lectures 1 to 4).

I-C

A special system: circular Rydberg atoms coupled to a superconducting Fabry-Perot cavity

A qubit extremely sensitive to microwaves: the circular Rydberg atom



The localized wave packet packet revolves around nucleus at the transition frequency (51 GHz) between the two states like a clock's hand on a dial. The electric dipole is proportional to the qubit Bloch vector in the equatorial plane of the Bloch sphere.



The ENS photon box (latest version)



Cavity half-mounted...



In its latest version, the cavity has a damping time in the 100 millisecond range. Atoms cross it one at a time.



...and fully-mounted

Trapping the light fantasti

Orders of magnitude



 $\Omega \sim 10^{-6} \omega = 2\pi \times 50 kHz$

Parameter determined by geometric arguments

Number of vacuum Rabi flops during cavity damping time (best cavity):

$$N_{RF} = \frac{\Omega T_C}{2\pi} \sim 5000$$

Atom-cavity interaction time (depends on atom velocity): $t_{int} \sim \frac{w}{v_{at}} \sim 10 \text{ to } 50 \mu s$

Number of vacuum Rabi flops during atom-cavity interaction time: $\Omega t_{\rm int}$ / 2π ~ 1 to 3

Strong coupling in CQED	$\frac{1}{\Omega}$	< <i>t</i> _{int}	$\ll T_c$	Many atoms cross one by one
	$3.10^{-6} s$	$3.10^{-5} s$	$10^{-1}s$	during T_c

Cavity Quantum Electrodynamics: a stage to witness the interaction between light and matter at the most fundamental level The best

One atom interacts with one (or a few) photon(s) in a box

A sequence of atoms crosses the cavity, couples with its field and carries away information about the trapped light Photons bouncing on mirrors pass many many times on the atom: the cavity enhances tremendously the light-matter coupling The best mirrors in the world: more than one billion bounces and a folded journey of 40.000km (the earth circumference) for the light!

> Photons are trapped for more than a tenth of a second!

6 cm

I-D

Entanglement and quantum gate experiments in Cavity QED

Resonant Rabi flopping



Spontaneous emission and absorption involving **atom-field entanglement**

When *n* photons are present, the oscillation occurs faster (stimulated emission): $\cos\left(\Omega\sqrt{n+1t}/2\right)|e,n\rangle + \sin\left(\Omega\sqrt{n+1t}/2\right)|g,n+1\rangle$

Simple dynamics of a two-level system (|e,n>, |g,n+1>)

Rabi flopping in vacuum or in small coherent field: a direct test of field quantization





Microscopic entanglement



Useful Rabi pulses
(quantum knitting) $|e,0> \rightarrow - |e,0>$ $|g,1> \rightarrow - |g,1>$
 $|g,0> \rightarrow |g,0>$ 2π
ator

2π pulse : atomic state changes sign conditioned to photon number: quantum gate



Atom pair entangled by photon exchange



Atom #1 :
$$\Omega t = \pi/2$$

 $|e_1, 0 > .|g_2 > \longrightarrow$
 $\frac{1}{\sqrt{2}} \{|e_1, 0 > + |g_1, 1 > \} .|g_2 >$
Atom #1 - Photon entanglement

Electric field F(t) used to tune atoms 1 and 2 in resonance with C for times t corresponding to $\pi/2$ or π Rabi pulses

Atom #2: $\Omega t = \pi$ Atom - Atom entanglement (a massive E.P.R.pair) $\frac{1}{\sqrt{2}} \{ |e_1, g_2 > + |g_1, e_2 > \} | 0 >$ Atoms entangled in deterministic way without directly interacting Cavity acts as a catalyst for entanglement Field generated in a transient stage

Hagley et al, P.R.L. 79,1 (1997)

Conclusion of first lecture

We have learned how to describe a qubit and a field mode by their Bloch vector and Wigner function respectively, and how one can manipulate these systems by qubit rotations and oscillator state translations in phase space.

The coupling of these two quantum systems is described by the Jaynes-Cummings Hamiltonian. At resonance, the combined qubit-oscillator undergoes a Rabi oscillation corresponding to the reversible emission and absorption of a photon by the qubit.

Out of resonance, the qubit energy states undergo a light shift proportional to the photon number, resulting in a phase shift of the qubit coherence, which can be measured by Ramsey interferometry.

Circular Rydberg atoms interacting with a microwave superconducting cavity realize ideally the Jaynes-Cummings model. The atomic and field relaxation rates are very slow, making it possible to observe coherent atom field coupling effects which occur faster than decoherence. We have analyzed how this system can be manipulated to produce atom-field and atom-atom entanglement, to realize elementary steps of quantum information processing.